Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: DMI

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Moerman Pieter

Coaches: Claerhout John

Coaches: Debecker Thomas

Coaches: Van der Elst Astrid

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:6, starttime: 09:10

Heat: 6/19 Lane : 8 Athlete: VANDROOGENBROECK CHEYENNE — **Q-time: 01:38:36**

PB (25m pool): 01:38.36 Brugge 04/10/2026 **PB (50m pool):** 01:42.08 **SB:** 01:38.36 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:46.38		01:38.36	
	00:46.38		*00:51.98*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:3, starttime: 09:45

Heat: 3/14 Lane : 1 Athlete: VLAMYNCK RIEN — **Q-time: 01:29:57**

PB (25m pool): 01:29.57 Waregem 26/09/2026 **PB (50m pool):** no time **SB:** 01:29.57 Waregem 26/09/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:29.57	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ — Heat:5, starttime: 09:50

Heat: 5/14 Lane : 5 Athlete: DECLERCQ IAN — **Q-time: 01:21:05**

PB (25m pool): 01:21.05 Waregem 26/09/2026 **PB (50m pool):** no time **SB:** 01:21.05 Waregem 26/09/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:21.05	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: DMI

Event number: 14: 100M MEDLEY MEN 13+ — Heat:6, starttime: 09:50

Heat: 6/14 Lane : 3 Athlete: VANKEMMELBEKE HECTOR — **Q-time: 01:19:53**

PB (25m pool): 01:19.53 Waregem 26/09/2026 **PB (50m pool):** no time **SB:** 01:19.53 Waregem 26/09/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:19.53	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:1, starttime: 10:05

Heat: 1/10 Lane : 4 Athlete: SYRYN JONAS — **Q-time: 00:53:77**

PB (25m pool): 00:53.77 Waregem 26/09/2026 **PB (50m pool):** no time **SB:** 00:53.77 Waregem 26/09/2026

	25 M	50 M	
PB		00:53.77	
	00:53.77		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:4, starttime: 10:10

Heat: 4/10 Lane : 1 Athlete: DEHONDT TUUR — **Q-time: 00:45:68**

PB (25m pool): 00:45.68 Brugge 04/10/2026 **PB (50m pool):** 00:46.96 **SB:** 00:45.68 Brugge 04/10/2026

	25 M	50 M	
PB		00:45.68	
	00:45.68		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:5, starttime: 10:15

Heat: 5/10 Lane : 7 Athlete: SCHEIRLINCKX CLEMENT — **Q-time: 00:43:96**

PB (25m pool): 00:43.96 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:50.65 **SB:** 00:43.96 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:43.96	
	00:43.96		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: DMI

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:10, starttime: 10:20

Heat: 10/10 Lane : 3 Athlete: DE RYCK ALEXANDER — **Q-time: 00:38:29**

PB (25m pool): 00:38.29 Brugge 04/10/2026 — **PB (50m pool):** 00:41.04 **SB:** 00:38.29 Brugge 04/10/2026

	25 M	50 M	
PB		00:38.29	
	00:38.29		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:3, starttime: 10:25

Heat: 3/20 Lane : 2 Athlete: VANDROOGENBROECK CHEYENNE — **Q-time: 00:42:82**

PB (25m pool): 00:42.82 Brugge 04/10/2026 — **PB (50m pool):** no time **SB:** 00:42.82 Brugge 04/10/2026

	25 M	50 M	
PB		00:42.82	
	00:42.82		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:3, starttime: 10:25

Heat: 3/20 Lane : 3 Athlete: VERBESSELT MANON — **Q-time: 00:42:50**

PB (25m pool): 00:42.50 Waregem 26/09/2026 — **PB (50m pool):** no time **SB:** 00:42.50 Waregem 26/09/2026

	25 M	50 M	
PB		00:42.50	
	00:42.50		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:2, starttime: 10:50

Heat: 2/9 Lane : 2 Athlete: VANKEMMELBEKE HECTOR — **Q-time: 03:05:40**

PB (25m pool): 03:05.40 Meulebeke 25/10/2026 — **PB (50m pool):** 03:16.58 **SB:** 03:05.40 Meulebeke 25/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:43.59		01:29.34		no time		03:05.40
	00:43.59		*00:45.75*					
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: DMI

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:2, starttime: 10:50

Heat: 2/9 Lane : 4 Athlete: VLAMYNCK RIEN — **Q-time: 03:03:26**

PB (25m pool): 03:03.26 Meulebeke 25/10/2026 **PB (50m pool):** 03:13.06 **SB:** 03:03.26 Meulebeke 25/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:44.85		01:32.05		no time		03:03.26
		00:44.85		*00:47.20*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:3, starttime: 10:50

Heat: 3/9 Lane : 8 Athlete: DECLERCQ IAN — **Q-time: 03:02:46**

PB (25m pool): 03:02.46 Brugge 04/10/2026 **PB (50m pool):** 03:27.49 **SB:** 03:02.46 Brugge 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:43.74		01:29.48		02:16.94		03:02.46
		00:43.74		*00:45.74*		*00:47.46*		*00:45.52*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:5, starttime: 11:25

Heat: 5/15 Lane : 6 Athlete: TERWE FENNA — **Q-time: 01:21:95**

PB (25m pool): 01:23.33 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:21.95 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:39.19		01:23.33	
		00:39.19		*00:44.14*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:3, starttime: 11:50

Heat: 3/11 Lane : 3 Athlete: SCHEIRLINCKX CLEMENT — **Q-time: 01:52:70**

PB (25m pool): 01:52.70 Brugge 04/10/2026 **PB (50m pool):** 02:06.98 **SB:** 01:52.70 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:53.99		01:52.70	
		00:53.99		*00:58.71*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: DMI

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:3, starttime: 11:50

Heat: 3/11 Lane : 6 Athlete: SYRYN JONAS — **Q-time: 01:52:95**

PB (25m pool): 01:54.20 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:52.95 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:55.39		01:54.20	
		00:55.39		*00:58.81*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:5, starttime: 11:55

Heat: 5/11 Lane : 5 Athlete: DEHONDT TUUR — **Q-time: 01:46:99**

PB (25m pool): 01:46.99 Brugge 04/10/2026 **PB (50m pool):** 01:51.15 **SB:** 01:46.99 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:50.67		01:46.99	
		00:50.67		*00:56.32*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:7, starttime: 12:00

Heat: 7/11 Lane : 3 Athlete: DE RYCK ALEXANDER — **Q-time: 01:42:97**

PB (25m pool): 01:42.97 Zwembad De Treffer 06/04/2026 **PB (50m pool):** 01:47.77 **SB:** 01:43.24 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:47.23		01:42.97	
		00:47.23		*00:55.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: